

Mongolian Steak Meal

Nutrition Facts

Serving Size: (269g)

Servings Per Container: 1

Amount Per Serving

Calories 470 Calories from Fat 130

% Daily Value*

Total Fat 14g **22%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 200mg **8%**

Total Carbohydrate 39g **13%**

Dietary Fiber 2g **8%**

Sugars 0g

Protein 44g

Vitamin A 8% • Vitamin C 30%

Calcium 2% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: MONGOLIAN STEAK (BEEF, TOP SIRLOIN, STEAK, SEPARABLE LEAN ONLY, TRIMMED TO 0" FAT, ALL GRADES, COOKED, BROILED, SESAME OIL, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, <0.1% OF SODIUM BENZOATE (PRESERVATIVE)), WATER, HYDROLIZED SOY PROTEIN, SALT, CORN SYRUP, CARMEL, POTASSIUM SORBATE, GARLIC), JASMINE RICE COOKED , BROCCOLI

CONTAINS: WHEAT, SOY

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