

Southwest Turkey Burrito w/Guacomole

Nutrition Facts

Serving Size: (241g)
Servings Per Container: 1

Amount Per Serving

Calories 300 Calories from Fat 120

% Daily Value*

Total Fat 14g **22%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 700mg **29%**

Total Carbohydrate 22g **7%**

Dietary Fiber 11g **44%**

Sugars 2g

Protein 28g

Vitamin A 4% Vitamin C 2%

Calcium 15% Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SOUTHWEST TURKEY BURRITO MIX (93/7 GROUND TURKEY, BLACK BEANS (WATER, BLACK BEANS, ONION POWDER, SALT, GARLIC POWDER, FERROUS GLUCONATE), TOMATOES, PREPD SALSA VERDE - 1OZ (TOMATILLOS, ONION, LIME JUICE, GARLIC, JALAPENOS, CILANTRO PRODUCE), SEASONING (CHILI PEPPER AND OTHER SPICES, WHEAT FLOUR, SALT DEXTROSE, MALTODEXTRIN, ONION POWDER, GARLIC POWDER, DISODIUM INOSINATE, EXTRACTIVE OF PAPRIKA (COLOR), SPICE EXTRACTIVES, ONION EXTRACTIVES), POBLANO PEPPERS, RAW, CUMIN, OREGANO), TORTILLA (WATER, WHOLE WHEAT FLOUR, WHEAT GLUTEN, SOYBEAN OIL, SAFFLOWER OIL, CELLULOSE, SOY FLOUR, GROUND FLAXSEED, OAT FIBER, SOY LECITHIN, MONO- AND DIGLYCERIDES PRESERVATIVES, SALT GUAR GUM, ALUMINUM-FREE LEAVENING (SODIUM ACIDE PHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE) POTASSIUM SORBATE, SMC GUM, SODIUM METABISULFITE, PREPD GUACOMOLE (AVACADO, PREPD PICO DE GALLO (TOMATOES, JALAPENOS, ONION, GARLIC, CILANTRO PRODUCE, LEMON JUICE, LIME JUICE, KOSHER SALT, BLACK PEPPER))

CONTAINS: WHEAT, SOY

PREP'D INC, 11301 W. RENO AVE, STE C, YUKON, OK 73099