

# Large Keto Tilapia w/Broccoli

<b>Nutrition Facts</b>	<b>Amount/serving</b>	<b>% Daily Value*</b>	<b>Amount/serving</b>	<b>% Daily Value*</b>
	1 serving per container			
<b>Serving size (241g)</b>				
<b>Calories per serving</b>	<b>280</b>			
	<b>Total Fat</b> 3.5g	<b>4%</b>	<b>Total Carbohydrate</b> 7g	<b>3%</b>
	Saturated Fat 1.5g	<b>8%</b>	Dietary Fiber 2g	<b>7%</b>
	<i>Trans Fat</i> 0g		Total Sugars 2g	
	<b>Cholesterol</b> 135mg	<b>45%</b>	Includes 0g Added Sugars	<b>0%</b>
	<b>Sodium</b> 400mg	<b>17%</b>	<b>Protein</b> 53g	
Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 1.1mg 6% • Potassium 210mg 4%				

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PREPD TILAPIA (TILAPIA, DEHYDRATED ONION, SEA SALT, TURBINADO SUGAR, DEHYDRATED GARLIC, SPICES, DEHYDRATED RED PEPPER, LEMON PEEL, NATURAL LEMON FLAVOR, NATURAL RED WINE FLAVOR), BROCCOLI

CONTAINS: TILAPIA

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